



Blandford Public School

Newsletter

Term 1 - Week 3

Wednesday 9 February 2022



Coming Events

When	Event	Who	More Info
Every Wednesday	Art with Anita	All students	2.15pm - 3.15pm
Every Thursday	Music	All students	2.15pm - 3.15pm
Every Friday	Sport	All students	Sports Uniform
Every Friday	Library	All students	Please return library books
Every Friday	Scripture	Participating students	1.15pm - 1.45pm
Every Friday	Slushies	All students	\$2 each - Limit of 2
11.02.2022	Book Club Orders Due	Students purchasing	
Week 6 28.02.2022 - 04.03.2022	Intensive Swimming	All students	Permission Notes to follow
01.03.2022	Shrove Tuesday Pancake Day	All students	More information on page 8
08.03.2022	150th Meeting	All welcome	6.30pm at BPS
14.03.2022	World of Maths and Robotics	All students	More information to follow
18.03.2022	Pink Shirt Day	All students	More information to follow
21.03.2022	Harmony Day	All students	More information to follow
08.04.2022	Last day Term 1	All students	

Kindergarten 2022



We would like to extend a very warm welcome to our 2022 Kindergarten students and their families.

Welcome Austin, Caeden and Hunter.

Upper Invermein Small Schools Swimming Carnival

Jack competed in a very different Upper Invermein Small Schools Swimming Carnival last Thursday. The Department of Education's current COVID restrictions meant that the participating schools were not able to be in attendance simultaneously. Therefore, each school's students times were recorded and ranked after all competing students had swam. Thank you Jack for representing Blandford.



Chinese New Year

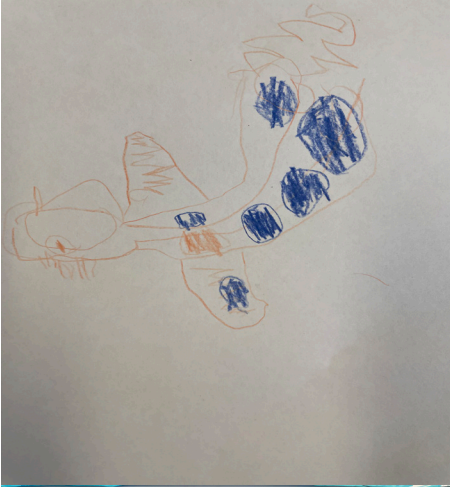
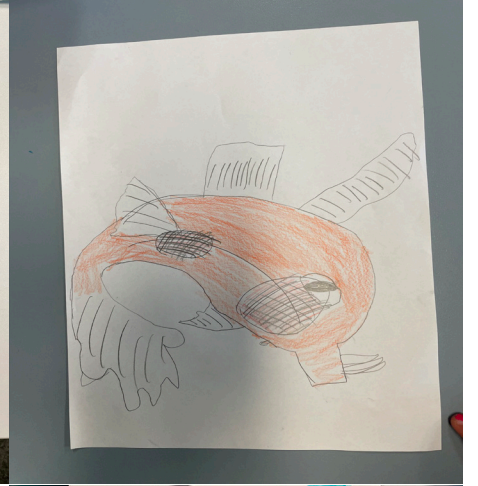
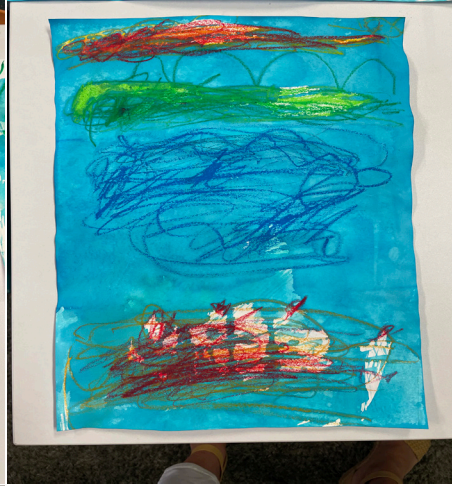
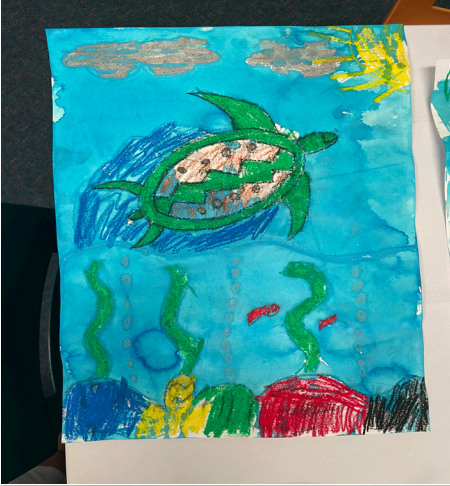
Last week the students learnt about Chinese New Year. Chinese New Year, also called Lunar New Year, an annual 15-day festival in China.

Chinese communities around the world celebrations begins with the new moon that occurs sometime between January 21 and February 20 according to Western calendars.

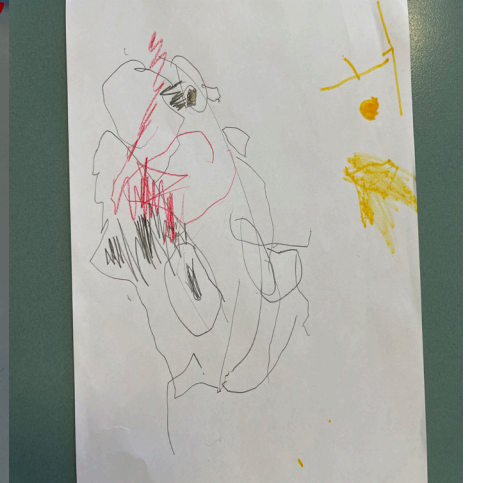
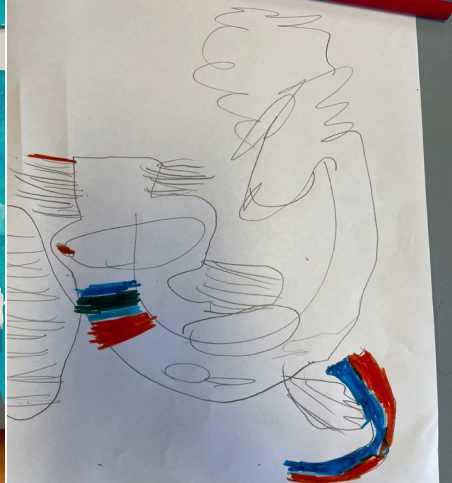
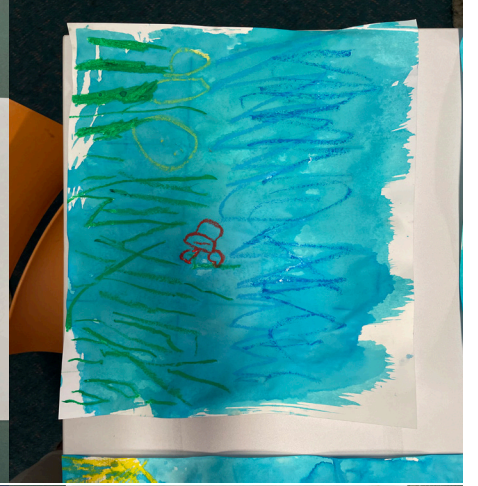
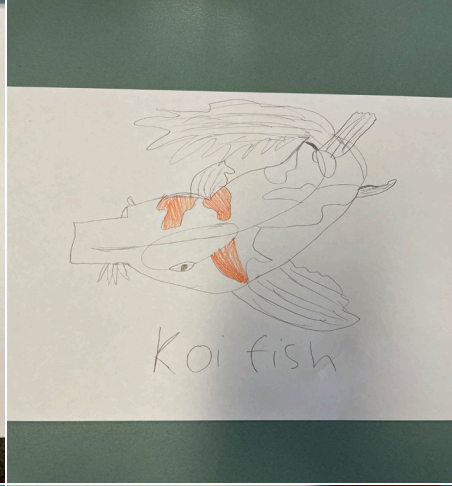
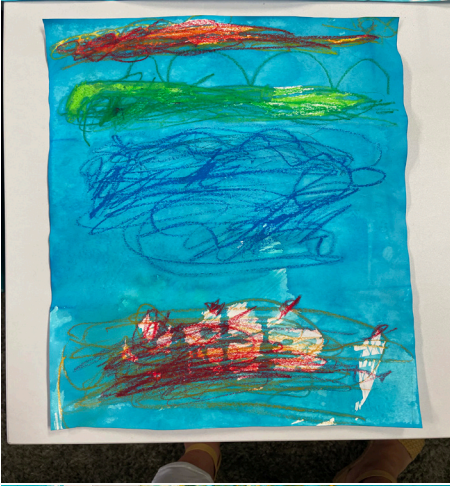
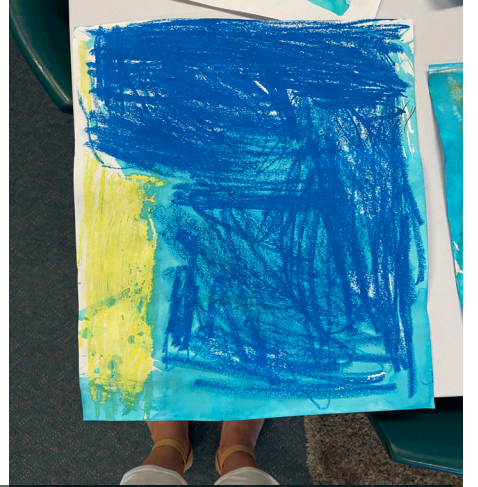
Festivities last until the following full moon. Chinese New Year occurred on Tuesday, February 1, 2022, in many of the countries that celebrate it. The students learnt that 2022 is the year of the Ox and which animal connected with their birthday. They helped prepare fried rice which most of them enjoyed eating.




Art with Anita



Art is held every Wednesday afternoon with Anita Faulkner. Anita is a freelance artist who was awarded first prize in the 35th annual easter art prize Port Macquarie and highly commended in the D'Arcy Doyle Art prize awards. She has sold numerous paintings and has many of her paintings held in collections around the country.





Jon Field


SPIRIT FLOWERS

Jon's childhood years were spent wandering the hills on a property called "Bickham", near Blandford NSW, in the Wonnarua area of which he is a council member.

He lived near Stoney Knob, which is an extinct volcanic core left by erosion over thousands of years.

This became the beginning of his dreaming. The Spirit flowers grew among the volcanic rocks that made up Stoney Knob. On the top of this volcanic mound there is a burial ground where many types of Spirit Flowers are growing.

Jon is bringing these Flowers to life in his "Spirit Flowers" dreaming series. As you look into the center of the flower, he hopes you will be drawn into the picture and they will come to life as true Aboriginal Dream Time "Spirit Flowers" of good health and well being.



O. BOX 157
9 MATLAND STREET,
LISWELLBROOK 2233
TEL 93 251 720 189

PH: (02) 6543 1888
(02) 6543 1892
FAX: (02) 6542 5377
EMAIL: wannarua@abodocs.net.au

TO WHOM IT MAY CONCERN

I confirm that
Jon Field

has met all requirements of Aboriginality under section 4(1) of the Aboriginal Land Rights Act 1983 (NSW), to the satisfaction of the members present at a meeting where John Field was accepted as a member of the Wonnarua Local Aboriginal Land Council.

Signature [Signature] Date 03.09.2011
Noel Downs Print Name CEO Position

Jon also kindly donated the painting below. This was used as a prize in our 150 mega raffle last year.

Thank you Jon.



Cooking - Sourdough Bread

Yesterday one of our students commented that they would like some sourdough with tomato after seeing a staff member's lunch. Today we organised to cook sourdough and brought in fresh tomatoes from our garden. The students observed the starter growing, watched a video on making sourdough, made sourdough and tasted it with homegrown tomatoes.



Playground Fun



Shrove Tuesday - Pancake Day

Shrove Tuesday is the day before Lent starts on Ash Wednesday. The name Shrove comes from the old middle English word 'Shriven' meaning to go to confession to say sorry for the wrong things you've done. The other name for this day, Pancake Day, comes from the old English custom of using up all the fattening ingredients in the house before Lent, so that people were ready to fast during Lent.

For many years Blandford Public School has celebrated this day by making pancakes and sharing with each other. Pancakes will be made by the students and then eaten. We ask each child to bring toppings they would like to have on their pancakes.



Upper Hunter Tennis & Sports

With Chris Herden, Tennis Australia Club Professional, Former NSW ranked junior, USA college representative. For ages 3-14 at Scone, Denman, Muswellbrook, Merriwa, Murrurundi, Gresford



Heaps of fun for beginners and experienced players
Coaching, Match Play,
High Performance Pathway.

PERCEPTUAL MOTOR PROGRAM (4-5 yrs)

An introduction to basic tennis techniques to develop and improve perceptual motor skills in a fun, play based way

TENNIS AUSTRALIA

ANZ HOT SHOTS (5-11 yrs)

Hot Shot red, orange and green balls offer players a progressive pathway through stroke production, court positioning and tactics. Teaching the framework of key skills "first" allows more intricate skills to fall into place. Match play available.

LEADER SYSTEM

The Leader System program covers a wide range of basic personal development disciplines from sportsmanship, self-esteem and decision making to nutrition.

All levels of high school programs and competition squads also available

Bookings essential!

Call Chris on 0400 331 553 for details and bookings

and Like Scone Hardcourt Tennis Association and Upper Hunter Tennis & Sports on Facebook



Good for kids

good for life



What makes a healthy lunch box?

A healthy lunchbox is made up of everyday foods from the five food groups – grain foods, fruit, vegetables, dairy and meat and alternatives. Eating a range of everyday foods will give your child energy to play, learn and grow.

Follow this guide for an easy everyday lunchbox:

Crunch&Sip®: 1 serve of fruit or vegetables

Recess: 1 serve of fruit or vegetables + 1-2 everyday snacks

Lunch: Sandwich/wrap/roll or leftovers containing everyday ingredients

Drink: Water

Add an **ice brick** to keep the food cool and safe



[SWAP IT | Good for Kids, Good for Life \(nsw.gov.au\)](http://www.goodforkids.nsw.gov.au)



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Good for kids

good for life



Alternatives to Sandwiches

If your child doesn't like sandwiches or wants more variety in their lunchbox try these ideas:

- Try everyday meals like salads, soup, pasta or fried rice. Save leftovers from dinner to save time.
- Prepare freezer friendly lunch box items like zucchini slice or mini frittattas – ready to grab and go in the morning.
- Pack sandwich ingredients separately for your child to put together just before eating.



Fried Rice Salad

1. Heat oil in a large fry pan or wok over high heat.
2. Sauté diced onion, capsicum, carrot and ham.
3. Add cooked rice, corn kernels, green onions & soy sauce. Stir fry for 2-3 minutes, mixing well
4. Transfer to a bowl to cool.
5. Spoon salad into containers and top with cherry tomatoes and coriander.
6. Store in the fridge ready to be added to the lunchbox.

For full recipe and more visit:

<https://www.goodforkids.nsw.gov.au/primary-schools/swap-it/recipes/>



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au

<http://www.goodforkids.nsw.gov.au/>

150 Celebrations

Due to playground upgrades planned for February 2022, the committee has decided to postpone our 150 Celebrations to Friday 2 and Saturday 3 September 2022. Notices will be posted on our Facebook page, in The Links and the school newsletter with information of upcoming meetings. The committee warmly welcomes new members. If you would like to be involved in organising the event but are unable to attend meetings please contact the school.

BLANDFORD PUBLIC SCHOOL FAIR

held in our beautiful school grounds.
Celebrating 150 years!

Saturday 3 September 2022
10am till 3pm

Lovely Market Stalls
Anniversary celebrations activities &
family games

Contact Blandford Public School for more
details. PH: 02 6546 6117

1 5 0 T H M E E T I N G

TUESDAY 8TH MARCH 2022

HELD IN SCHOOL
LIBRARY AT 6.30PM

COVID GUIDELINES MUST
BE FOLLOWED

ALL ADULTS MUST BE
FULLY VACCINATED



**BLANDFORD PUBLIC
SCHOOL**

**150TH CELEBRATION BAGS
FOR SALE**



\$25.00 EACH


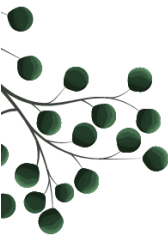
TO PURCHASE

**EMAIL:
BLANDFORDPANDC@GMAIL.COM**

OR

PHONE JODIE - 0488 560 495

**PAYMENT TO: BPS P&C
BSB: 932 000
A/C: 100298204
REF: BAG/SURNAME**





COMBINED SINGLE & DOUBLE NAME PAVER TEMPLATE

Blandford Public School

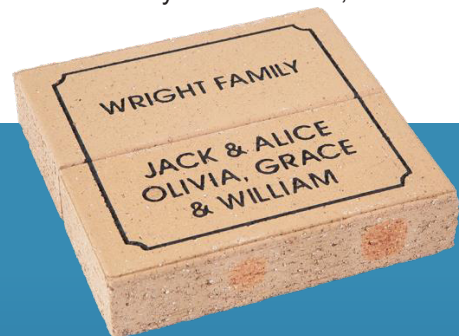
As part of the Blandford Public School 150 Year Anniversary in September 2021 a paved area will be created with personalised pavers. Anyone who has been a part of our wonderful school over the last 150 years is welcome to purchase pavers, these will become a treasured memory for the school, students and families.



OFFER 1: \$40.00

INDIVIDUAL PAVERS

Your donation of \$40.00 entitles you to have your name engraved into a paver as a lasting record of your valued support. The paver will be permanently installed at Blandford Public School. Thank you!



OFFER 2: \$85.00

DOUBLE PAVERS

Your donation of \$85.00 entitles you to have your name engraved into a paver as a lasting record of your valued support. The paver will be permanently installed at Blandford Public School. Thank you!

Simply fill out this form and return along with full payment by cheque, cash or money order to:

Payments can also be made online. Go to the Blandford Public School Website and select make a payment. Please phone Belinda in the office if you need any assistance. Phone: 0265466117

Blandford Public School
109 Salisbury Street
Blandford NSW 2338

Contact Name	Phone	
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Street	Email	
<input type="text"/>	<input type="text"/>	
City	State	Post Code
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="radio"/> Offer 1	<input type="radio"/> Offer 2	Our Donation
		\$ <input type="text"/>

Offer closes on the {date}

For engraving details please complete the form on the reverse.

Please copy and pass on to any friends & family.

WE NEED YOUR SUPPORT!

SIGNATURE
ENGRAVING

© 2021 Signature Engraving - www.signature-engraving.com.au v:3.0



COMBINED SINGLE & DOUBLE NAME PAVER TEMPLATE

ENGRAVING DETAILS

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MULTIPLE PAVER – MAX 14 CHARACTERS PER LINE

Please print clearly in block letters (CAPITALS) and always use the ampersand symbol (“&”). Three lines per paver. Each box represents a character (letter, number, punctuation mark or space). No hand drawings.

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NAME PAVERS ARE:

- A unique and lasting record of your support;
- A creation of memories and milestones;
- A celebration of a wedding, new baby, birthday or anniversary;
- A tribute to someone special or a precious memorial to a loved one.

Offer closes on the 31 May 2022

#Play it Fair Online

Through simple actions like being safe, respectful and kind
we can all #PlayitFairOnline

Be respectful

Consider others when you are online. There is no place for abuse, hate or discrimination in any aspect of life.



Be kind

Be a positive role model. Treat people with kindness, respect and understanding online.



Be resilient

Don't let a bad experience online get you down. Stay strong and get the right support, so you can bounce back as soon you're ready.



Be prepared to ask for help

Everyone needs support. Reach out to friends, family and eSafety if something goes wrong online.



Be safe

To stay happy and healthy, avoid situations that pose risks to yourself or others online.



Be responsible

Respect others online. Think how your actions might affect other people.



Be an upstander

You can help others when they experience abuse online by showing support and speaking up - if it's safe to do so.



To get advice and support or make a report go to esafety.gov.au



Hello Junior soccer enthusiasts (from 5 years boys and girls)!!

The Scone Mustangs committee would love to meet you.

Please come and "Meet and Greet" us at the Bill Rose Sports Oval on

Wednesday 23rd February at 4pm.



Some older Mustang players will be there to kick some goals with you all.

The committee will be available to answer any questions you might have regarding:

- The Miniroos competition 5-8yo,
- The Inter-district (travelling) competition 8-16yo.
- Registration (link is www.playfootball.com.au)
 - Player kits
- Or anything else soccer!!

See you there.



Contact: amanda.darling@bigpond.com

COVID-smart measures for schools

Information for parents and students



Being together in a classroom is the most effective way for students to learn and grow. Since COVID-19 remains a relatively mild illness for most children, we're committed to return to school safely in 2022. We will support this through the following measures.



WATCH FOR SYMPTOMS

- If your child is unwell, even with mild symptoms you must keep them home and get them tested. If they display any symptoms they should take a PCR test (nose and throat swab) or rapid antigen test (RAT).
- If symptoms continue your child should stay home and take another RAT or PCR test in 24 hours. If that test is also negative, your child may return to school if another diagnosis is confirmed such as hay fever.



VACCINATIONS

- All staff on school sites must be fully vaccinated.
- We strongly encourage all students and their families to get vaccinated. Children aged 5 to 11 can now get vaccinated. Parents are encouraged to book their child in for a vaccination at the first available opportunity.
- Once eligible, all adults are encouraged to get booster shots.



TESTING

Before the start of term 1

- All staff and students are asked to take a rapid antigen test and get a negative result before attending school at the start of term 1. Your school will provide advice on when tests should be taken.
- Rapid antigen tests will be provided to all staff and students through their schools. Schools will inform parents on how these kits can be collected.

At the start of term 1

- For the first 4 weeks, students and staff should take a rapid antigen test **twice a week on the morning before attending school**. Test kits will continue to be supplied by schools.
- Students who are household close contacts must isolate at home for 7 days.



COVID-19 POSITIVE CASES

- If your child has no symptoms and there is a positive case in their class, year or other grouping, they can continue to attend school in line with NSW Health advice.
- Staff and students who get a positive rapid antigen test result must register it on service.nsw.gov.au or the **Service NSW app** as soon as possible.
- Staff and students who receive a positive rapid antigen or PCR test result must tell their school as soon as possible, and follow NSW Health advice.
- Schools will regularly communicate to parents about the presence and impact of COVID-19 in their community. Parents should expect to be provided with details of any impacted year groups or cohorts.



VENTILATION

- Fresh air is the most effective form of ventilation to minimise the risk of transmission.
- All learning spaces in public schools have been checked to ensure appropriate levels of ventilation and air purifiers have been provided where needed.
- Using outdoor spaces will continue to be encouraged.



MASKS

- All primary and secondary school staff will be required to wear masks indoors.
- No vented masks or cloth masks should be worn. If required, surgical masks will be available at schools.
- Secondary school students are required to wear masks.
- Primary school students are strongly recommended to wear well-fitted masks indoors.



ACTIVITIES

- COVID-19 will be considered in all risk assessments. Guidance will be provided to schools on applying appropriate safeguards across a range of activities.
- Parents will be made aware of the risk of exposure and will need to give their permission for participation in extra-curricular, out of school hours or off-site activities



STUDENT COHORTING

- Schools will continue using cohort arrangements and consider staggered drop-off and pick ups, break times, playground and canteen access.
- Depending on the school, cohort size and timetables, cohorts may be based on classes, years or stages.



VISITORS

- Visitors on school sites should be kept to a minimum to support essential school activities or student needs. Visitors will be required to wear a mask indoors and will be encouraged to wear a mask outdoors if they cannot maintain physical distancing.
- Schools are advised to allow a maximum of 2 parents or carers per student onto school grounds for Kindergarten orientation or Year 7 transition.



KEEPING SCHOOLS OPEN

- Parents are asked to respect the rules at their child's school to help keep the community safe.
- Schools will do everything they can to maintain continuity of face-to-face learning including the use of more casual staff.
- Schools will need to make localised staffing decisions to ensure appropriate supervision can be maintained.
- Schools will not be able to guarantee particular staff for any cohort and students may not have their regular teacher for a class.



LEARNING FROM HOME

- We will continue to monitor the situation and where face-to-face learning is not possible, learning from home options will be supported for short periods.

For more info, visit nsw.gov.au/covid-19

The NSW Government is committed to ensuring school operations continue while prioritising the safety and wellbeing of students and school staff.

